

<b>Item No.</b>	<b>Classification:</b> Open	<b>Date:</b> 23 April 2013	<b>Meeting Name:</b> Education, Children's Services & Leisure Scrutiny Sub-Committee
<b>Report title:</b>		Progress update against: Review of childhood obesity and sports provision for secondary and primary children	
<b>Ward(s) or groups affected:</b>		All	
<b>From:</b>		Public Health	

## RECOMMENDATION

1. That the scrutiny sub-committee is asked to note the progress against cabinet recommendations regarding childhood obesity and sports provision for secondary and primary children.

## BACKGROUND INFORMATION

- 2.1 The Education and Children's Services Scrutiny Sub-Committee decided to conduct a review on 12 July 2010. The aim of the review was to make recommendations to the Cabinet for improvements to the education of children on healthy eating and the dangers of obesity, and to examine whether sports provision is adequate.

## SUMMARY OF PROGRESS

- 3.1 Early years: Improving healthy eating and healthy weight awareness in early years has been a particular focus. The successful pilot of the Eat Better Start Better programme in 43 early years settings will be further rolled out to support more settings to be audited and implement improvement plans in line with national guidance.
- 3.2 Schools: A whole school approach to healthy weight has been developed alongside the Free Healthy School Meal programme including curriculum support; training for staff, cooks and governors; follow-up interventions from school nurses and improved links with School Sport Network, local clubs and growing projects.
- 3.3 Physical activity and sports provision: Community Sport played an important roll in recent years to increase the physical activity and sports 'offer' in and out of school, whilst Bacons College took a role in training schools in delivery of high quality PE. With the devolved responsibility for school sport and recent ring-fenced funding going directly to schools, more emphasis will be placed on capacity building and training for schools to increase their offer within their own means.
- 3.4 Local authority departments have made good progress improving : access to green open spaces with large scale improvement schemes to parks including features such as outdoor gyms; development of walking/cycle friendly

greenways; investment in leisure facilities; supporting school travel plans to promote active travel.

- 3.5 Links to urban agriculture, allotments, gardening and growing schemes have been integrated with the whole school approach to healthy weight supporting the healthy free school meals programme.
- 3.6 Appendix 1 provides an update against each of the 55 recommendations. The fifteen recommendations that the chair identified as priorities are highlighted.

## APPENDICES

No.	Title
1.	Table : Update on recommendations for childhood obesity and sports provision for secondary and primary children

## AUDIT TRAIL

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<b>Version</b>	1.0	
<b>Dated</b>	11 April 2013	
<b>Key Decision?</b>		
<b>CONSULTATION WITH OTHER OFFICERS / DIRECTORATES / CABINET MEMBER</b>		
<b>Officer Title</b>	<b>Comments Sought</b>	<b>Comments included</b>
Strategic Director of Communities, Law & Governance	N/a	N/a
Finance Director	N/a	N/a
Chief Officers	N/a	N/a
<b>Cabinet Member</b>	N/a	N/a
<b>Date final report sent to Constitutional Team</b>		